

Face Lifts Without Surgery



Dating as far back as ancient Greeks and Romans, cosmetic procedures have always been in demand. And today, more than ever.

No longer reserved for the rich and famous, cosmetic surgery is now accessible to anyone who wants it. However, cosmetic surgery is not for everyone. So how does one reverse signs of aging and avoid going under the knife? (Read more)

For those who want to remove wrinkles without undergoing surgery, there are now several non-surgical face lifts (also known as “Lunch Hour Face Lifts”) that will erase years off of your face and treat premature aging of the skin.

Laser Skin Resurfacing

A laser face lift will resurface and smooth the outer layer of the skin. It is effective in minimizing the appearance of fine lines, treating facial scars or uneven pigmentation, and strengthening the formation of collagen.

Acupuncture Face Lifts

Acupuncture face lifts are said to reduce fine lines and soften deep wrinkles. With the use of acupuncture needles, facial muscles are relaxed and stimulated, allowing for the production of collagen and tightening of the skin. It also improves muscle tone, hydrates the skin, and eliminates toxins.

Microcurrents

During a microcurrent face lift procedure, small electrical currents are sent into the skin stimulating elastin and collagen production. The gentle electric currents cause muscles to contract, which tones and tightens the skin. Microcurrents eliminate fine lines and improve circulation to the face.

Injections

- Botox® is a purified form of botulinum toxin that, when injected, smoothes out lines and wrinkles by paralyzing facial muscles.
- Restylane® consists of a combination of hyaluronic acid and sodium chloride. The injected gel fills and smoothes out folds and wrinkles. It is ideal for treating smile and forehead lines as well as acne scarring.
- Perlane® is also a hyaluronic acid gel that reduces the visibility of wrinkles and folds. Common uses for this filler include lip enhancement, wrinkle correction, crow’s feet, and softening the appearance of jowls.

Thermage

Thermage face lifts involve radio frequency technology. The radio frequency energy warms the epidermis, which loosens the skin and draws collagen to the skin’s surface, making the skin stronger and firmer. It is also effective in reducing fine lines and wrinkles.

Thread Lifts

Thread lifts entail making a tiny incision in the hairline and inserting barbed sutures (threads) under the facial tissues. The barbs on one end of the thread lift the sagging skin, and the teeth on the other end secure the skin to the facial tissues. Ideal for sagging eyebrows and cheeks.

Lotions and Potions

Face lift creams with high concentrations of amino acids, peptides, and alpha hydroxy acids are excellent alternatives. They can significantly improve the overall appearance of the skin, tighten sagging skin and reduce fine lines.